



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
	1 9:15 Circuit Training-Toni 6:00 Zumba-Bonnie	2 9:00 Yoga-Lynn	3 9:15 Circuit Training-Toni 7:00 Synergy-Rachel	4	5
7 7:00 Synergy-Rachel	8 9:15 Circuit Training-Toni 6:00 Zumba-Bonnie	9 9:00 Yoga-Lynn	10 9:15 Circuit Training-Toni 7:00 Synergy-Rachel	11	12
14 7:00 Synergy-Rachel	15 9:15 Circuit Training-Toni 6:00 Zumba-Bonnie	16 9:00 Yoga-Lynn	17 9:15 Circuit Training-Toni 7:00 Synergy-Rachel	18	19
21 7:00 Synergy-Rachel	22 9:15 Circuit Training-Toni 6:00 Zumba-Bonnie	23 9:00 Yoga-Lynn	24 Christmas Eve	25 Merry Christmas	26
28 7:00 Synergy-Rachel	29 9:15 Circuit Training-Toni 6:00 Zumba-Bonnie	30 9:00 Yoga-Lynn	31 9:15 Circuit Training-Toni 7:00 Synergy-Rachel		
<p>**No Nursery At This Time**</p> <p>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</p>					



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
	1 5:30 Butts & Guts-Brenda	2 5:30 Bootcamp-Dori	3 5:30 TABATA-Brenda	4 5:30 Bootcamp-Dori	5 9:00 Bootcamp-Dawn
	6:30 Body Blast-Dori	6:00 Zumba-Bonnie	6:15 Bootcamp-Dawn		
7 5:30 Bootcamp-Dori	8 5:30 Butts & Guts-Brenda	9 5:30 Bootcamp-Dori	10 5:30 TABATA-Brenda	11 5:30 Bootcamp-Dori	12 9:00 Bootcamp-Dawn
6:15 Bootcamp-Dawn	6:30 Body Blast-Dori	6:00 Zumba-Bonnie	6:15 Bootcamp-Dawn		
14 5:30 Bootcamp-Dori	15 5:30 Butts & Guts-Brenda	16 5:30 Bootcamp-Dori	17 5:30 TABATA-Brenda	18 5:30 Bootcamp-Dori	19 9:00 Bootcamp-Dawn
6:15 Bootcamp-Dawn	6:30 Body Blast-Dori	6:00 Zumba-Bonnie	6:15 Bootcamp-Dawn		
21 5:30 Bootcamp-Dori	22 5:30 Butts & Guts-Brenda	23 5:30 Bootcamp-Dori	24 Christmas Eve	25 Merry Christmas	26 9:00 Bootcamp-Dawn
6:15 Bootcamp-Dawn	6:30 Body Blast-Dori	6:00 Zumba-Bonnie			
28 5:30 Bootcamp-Dori	29 5:30 Butts & Guts-Brenda	30 5:30 Bootcamp-Dori	31 5:30 TABATA-Brenda		
6:15 Bootcamp-Dawn	6:30 Body Blast-Dori	6:00 Zumba-Bonnie	6:15 Bootcamp-Dawn		
<p>**No Nursery At This Time**</p> <p>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</p>					