



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
				1 Happy New Year	2
4 11:00 Chip Fit- Chip	5	6 9:00 Yoga Sculpt-Lynn	7 11:00 Chip Fit- Chip	8	9
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
11 11:00 Chip Fit- Chip	12	13 9:00 Yoga Sculpt-Lynn	14 11:00 Chip Fit- Chip	15	16
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
18 11:00 Chip Fit- Chip	19	20 9:00 Yoga Sculpt-Lynn	21 11:00 Chip Fit- Chip	22	23
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
25 11:00 Chip Fit- Chip	26	27 9:00 Yoga Sculpt-Lynn	28 11:00 Chip Fit- Chip	29	30
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
<p>**NO Nursery At This Time**</p> <p>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</p>					



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
				1 Happy New Year	2 9:00 Bootcamp-Dawn
4 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	5 5:15 Butts & Guts-Brenda	6 5:15 Bootcamp-Dori	7 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	8 5:15 Bootcamp-Dori	9 9:00 Bootcamp-Dawn
11 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	12 5:15 Butts & Guts-Brenda	13 5:15 Bootcamp-Dori	14 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	15 5:15 Bootcamp-Dori	16 9:00 Bootcamp-Dawn
18 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	19 5:15 Butts & Guts-Brenda	20 5:15 Bootcamp-Dori	21 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	22 5:15 Bootcamp-Dori	23 9:00 Bootcamp-Dawn
25 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	26 5:15 Butts & Guts-Brenda	27 5:15 Bootcamp-Dori	28 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	29 5:15 Bootcamp-Dori	30 9:00 Bootcamp-Dawn
<p>**NO Nursery At This Time**</p> <p>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</p>					