



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
1 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	2 5:15 Butts & Guts-Dori	3 5:15 Bootcamp-Dori	4 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	5 5:15 Bootcamp-Dori	6 9:00 Bootcamp-Dawn
8 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	9 5:15 Butts & Guts-Dori	10 5:15 Bootcamp-Dori	11 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	12 5:15 Bootcamp-Dori	13 9:00 Bootcamp-Dawn
15 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	16 5:15 Butts & Guts-Dori	17 5:15 Bootcamp-Dori	18 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	19 5:15 Bootcamp-Dori	20 9:00 Bootcamp-Dawn
22 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	23 5:15 Butts & Guts-Dori	24 5:15 Bootcamp-Dori	25 5:15 TABATA-Brenda 6:15 Bootcamp-Dawn	26 5:15 Bootcamp-Dori	27 9:00 Bootcamp-Dawn
29 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	30 5:15 Butts & Guts-Dori	31 5:15 Bootcamp-Dori			
<p>**NO Nursery At This Time**</p> <p>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</p>					