



FRED SMITH COMPANY

SPORTS CLUB

April Aerobics 2021

Riverwood Athletic Club

Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
			1 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	2	3
5 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	6 6:00 Zumba-Bonnie	7 9:00 Yoga Sculpt-No Class 6:00 Zumba-Bonnie	8 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	9	10
12 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	13 6:00 Zumba-Bonnie	14 9:00 Yoga Sculpt-Lynn 6:00 Zumba-Bonnie	15 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	16	17
19 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	20 6:00 Zumba-Bonnie	21 9:00 Yoga Sculpt-Lynn 6:00 Zumba-Bonnie	22 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	23	24
26 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	27 6:00 Zumba-Bonnie	28 9:00 Yoga Sculpt-Lynn 6:00 Zumba-Bonnie	29 11:00 Chip Fit-Chip 7:00 Synergy-Rachel	30	
		NO Nursery At This Time ** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **			