



FRED SMITH COMPANY

SPORTS CLUB

May Aerobics 2021

Riverwood Athletic Club

Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
					1
3 11:00 Chip Fit-Chip	4	5 9:00 Yoga Sculpt-Lynn	6 11:00 Chip Fit-Chip	7	8
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
10 11:00 Chip Fit-Chip	11	12 9:00 Yoga Sculpt-Lynn	13 11:00 Chip Fit-Chip	14	15
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
17 11:00 Chip Fit-Chip	18	19 9:00 Yoga Sculpt-Lynn	20 11:00 Chip Fit-Chip	21	22
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
24 11:00 Chip Fit-Chip	25	26 9:00 Yoga Sculpt-Lynn	27 11:00 Chip Fit-Chip	28	29
7:00 Synergy-Rachel	6:00 Zumba-Bonnie	6:00 Zumba-Bonnie	7:00 Synergy-Rachel		
31 11:00 Chip Fit-Chip		**NO Nursery At This Time** ** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **			
7:00 Synergy-Rachel					