



**Bolded Classes indicate a new class, new class time or new instructor!!!**

Mon	Tue	Wed	Thu	Fri	Sat
			1 11:00 Chip Fit-Chip  7:00 Synergy-Canceled	2	3
5 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	6   6:00 Zumba-Bonnie	7 9:00 Yoga Sculpt-Lynn  6:00 Zumba-Bonnie	8 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	9	10
12 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	13   6:00 Zumba-Bonnie	14 9:00 Yoga Sculpt-Lynn  6:00 Zumba-Bonnie	15 11:00 Chip Fit-Chip  7:00 Synergy-Canceled	16	17
19 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	20   6:00 Zumba-Bonnie	21 9:00 Yoga Sculpt-Lynn  6:00 Zumba-Bonnie	22 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	23	24
26 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	27   6:00 Zumba-Bonnie	28 9:00 Yoga Sculpt-Lynn  6:00 Zumba-Bonnie	29 11:00 Chip Fit-Chip  7:00 Synergy-Rachel	30	31
<p>(* ) Indicates that Sign- Up is Required for Class. Sign- Up for class is available in person at Riverwood Athletic Club 30 minutes prior to the start of class. **MEMBERS CAN ONLY SIGN THEMSELVES UP FOR CLASS. ** <b>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</b></p>					