

Riverwood Athletic Club

Monday - Friday 5:30 am - 9:00 pm

Saturday 7:00 am - 7:00 pm

Sunday 12:30 pm - 8:00 pm

Riverwood Pool Hours

Monday - Saturday 10:00 am - 8:00 pm

Sunday 12:30 pm - 8:00 pm

LionsGate Athletic Club

Monday - Friday 5:30 am - 8:00 pm

Saturday 7:00 am - 7:00 pm

Sunday 12:30 pm - 8:00 pm

LionsGate Pool Hours

Monday - Saturday 10:00 am - 8:00 pm

Sunday 12:30 pm - 8:00 pm