HOLIDAY HOURS



Wednesday November 24th Riverwood, LionsGate, Mingo Creek & Tralee *All gyms will be open at their regular time *All gyms will close at 4 pm

Closed on Thanksgiving Day November 25th

Friday November 26th

Riverwood & LionsGate 11 am to 5pm Mingo Creek 12pm to 4 pm Tralee 12pm to 4 pm

Regular hours resume November 27th