

HOLIDAY HOURS

Christmas Eve Friday December 24th

Riverwood & LionsGate 12 pm to 5 pm

Mingo Creek & Tralee 12 pm to 4 pm

Closed Saturday on Christmas Day December 25th

Sunday December 26th

Riverwood & LionsGate 1 pm to 5 pm

Tralee 1 pm to 4 pm

Monday December 27th Regular Hours

New Year Eve Friday December 31st

*All gyms will be open at their regular time

Friday morning

* Riverwood, LionsGate, Mingo Creek & Tralee
will close at 4 pm

New Year's Day Saturday January 1st

Riverwood & LionsGate 12 pm to 5 pm

Mingo Creek & Tralee 12 pm to 4 pm

Sunday January 2nd Regular Hours