



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
2 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	3 6:00 Zumba-Bonnie	4 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	5 9:00 Lift 45-Janette 10:00 Cycle-Janette 6:30 Synergy-Rachel	6 10:15 Chip Fit-Chip	7 9:00 Lift 45-No Class 10:00 Cycle-No Class
9 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	10 6:00 Zumba-Bonnie	11 9:00 Yoga Sculpt-No Class 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	12 9:00 Lift 45-Janette 10:00 Cycle-Janette 6:30 Synergy-Rachel	13 10:15 Chip Fit-Chip	14 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
16 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	17 6:00 Zumba-Bonnie	18 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	19 9:00 Lift 45-Janette 10:00 Cycle-Janette 6:30 Synergy-Rachel	20 10:15 Chip Fit-Chip	21 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
23 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	24 6:00 Zumba-Bonnie	25 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	26 9:00 Lift 45-Janette 10:00 Cycle-Janette 6:30 Synergy-Rachel	27 10:15 Chip Fit-Chip	28 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
30 10:15 Chip Fit-Chip 6:30 Synergy-No Class	31 6:00 Zumba-Bonnie				
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					