



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Cycle Sculpt-Janette 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	2 6:00 Zumba-Bonnie	3 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	4 6:30 Synergy-Rachel	5 9:00 Booty Camp-Janette 10:15 Chip Fit-Chip	6 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
8 9:00 Cycle Sculpt-Janette 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	9 6:00 Zumba-Bonnie	10 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	11 6:30 Synergy-Rachel	12 9:00 Booty Camp-Janette 10:15 Chip Fit-Chip	13 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
15 9:00 Cycle Sculpt-Janette 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	16 6:00 Zumba-Bonnie	17 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	18 6:30 Synergy-Rachel	19 9:00 Booty Camp-Janette 10:15 Chip Fit-Chip	20 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
22 9:00 Cycle Sculpt-Janette 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	23 6:00 Zumba-Bonnie	24 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	25 6:30 Synergy-No class	26 9:00 Booty Camp-Janette 10:15 Chip Fit-Chip	27 9:00 Lift 45-Janette 10:00 Cycle Sculpt-Janette
29 9:00 Cycle Sculpt-Janette 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	30 6:00 Zumba-Bonnie	31 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie			
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					