



THANKSGIVING HOURS

Wednesday, November 22nd

Riverwood, LionsGate, Mingo Creek & Tralee

All gyms will be open their regular time Wednesday morning

All gyms will close on Wednesday at 6 pm

Closed on Thanksgiving Day November 23rd!!

Friday November 24th

Riverwood & LionsGate: 9am to 6pm

Mingo Creek: 9am to 5pm

Tralee: 9am to 5pm

Regular Hours Resume November 25th

Have a Safe and Happy Thanksgiving!